



## Caribbean Wellness Retreat

Dear Friend.

There are times in our life when challenges just seem too great and we look for answers. Just like you, I've looked for solutions, and over the years, I have discovered techniques I found useful, to remove stumbling blocks and create a real passion for life.

What is it you want out of life?

Want to:

- Stay Healthy?
- Make More Money?
- Have The Dream Relationship?

The answers are there for you; you just have to ask!

With an open mind, I will provide you with the tools for abundance, in every aspect of your life.

You will spend three days in paradise, in sessions with a small group of no more than 10, learning the tools of NLP Hypnosis, Reiki, Subconscious Communication, future pacing, and manifestation that can drastically change your world.

Here are some Life Transformations you can generate for yourself:

- Learn to Create Abundance
- Eliminate Destructive Habits and Addictions
- Build Unstoppable Confidence
- Resolve Traumas and Phobias
- Release Emotional Pain
- Discover Peace and Tranquility
- Develop Intuitive Skills
- Attract Your Ideal Mate
- Harmonize Your Relationships
- Clear Negative Energies
- Manifest Your Dreams
- Become Inspired



# Caribbean Wellness Retreat

Truth is what we believe and everyone's beliefs are different, If we look at those beliefs and discover they are not serving us any more, we can then alter, or remove them and create beliefs that empower and motivate us forward to something exciting.

If we change a belief, you change what is true, then our reality changes and new possibilities become readily available to us.

Our beliefs are stored on many levels and may not be apparent to us consciously, so we will work with all four belief levels to effect lasting change.

Going into theta state, that state of relaxation right before we fall a sleep, gives us easy access to those beliefs, with your active participation, you will see changes happen in an instant

The rest of the time you can relax, enjoy all the Dominican Republic has to offer, or book a private session with a Chiropractor, acupuncturist, Massage Therapist, or personal session with me.

Are you ready for a change and a lot of fun?

Come to the Caribbean Wellness Retreat.

See you there in Sosua Dominican Republic.

## **Seminar Contact:**

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**Book Your Vacation Seminar Now!**

<http://Caribbeanwellnessretreat.com>



## Three Day, Program Schedule

### Mission Statement

Providing Tools for Abundant Life

### Day 1

Introductions

Reiki Level I and II Attunements

Using Reiki

Energy Protection and Projection

Removing Energy Blocks,  
Clearing Chakras.

The Manifestation Healing Circle

Discovering Toxic Talk.

Designing Empowering Dialog

### Lunch

Muscle testing

Communication with Higher Self

Calibrating Intuition

Practice and Practical Applications

### Day 2

Personality Analysis

Discovering Emotional Responsiveness

Looking at Destructive Traits

Grapho-Therapy

### Lunch

Basic Hypnosis

Pre-Induction

Trance Induction

Working with Meta Models

### Day 3

More fun with muscle testing

Practical Applications

Spiritual Journey

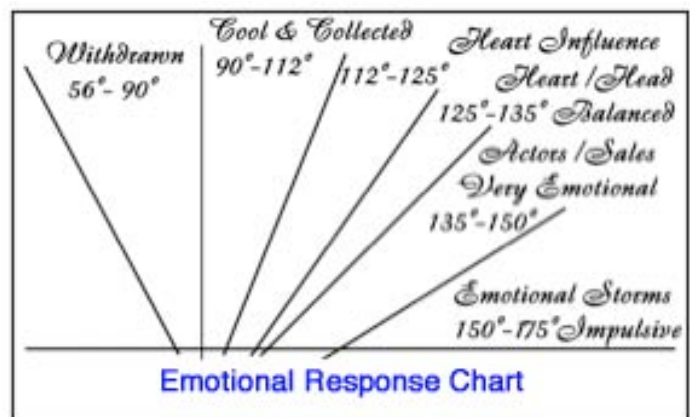
### Lunch

Belief Modifications

Working with all Four Levels of Beliefs

Energy Attachments and Contracts.

**All clients receive a copy of my new unreleased book!**



## Accommodations:

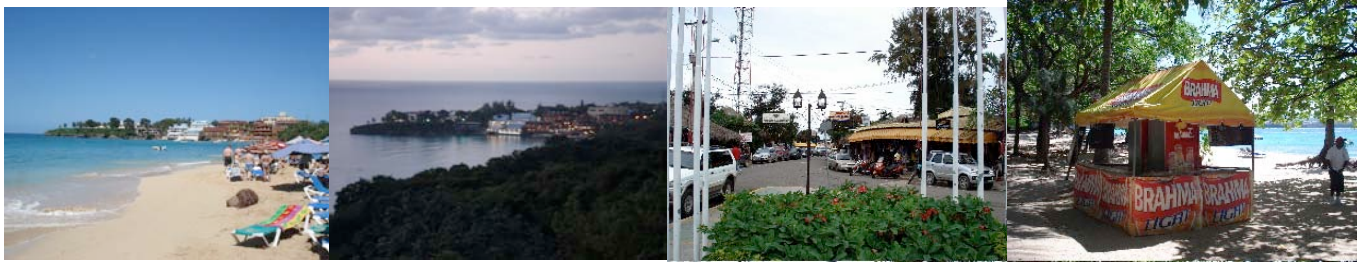
### Casa Manana

You can rent a one bedroom for as little as \$30 per night with your own entrance and private on suit bathroom.



Sharing a two bedroom with common kitchen and living room splitting \$60 per night, or have the whole 2 bedroom, 2 and ½ bath apartment to your self.

There is breakfast available, and you can cook in the kitchen or choose from many of the fine local restaurants.



The Casa Manana is just a 10 minute walk to town and 15 minutes to the beach.

**Hotels:** Some all-inclusive, close to the seminar.  
Here are 3 of them.

### *Casa Valeria*

*Calle Dr Rosen No 28, Sosua, Dominican Republic*



### *Casa Marina Reef*

*El Batey, Sosua, Dominican Republic*



### **Hotel Tropix**

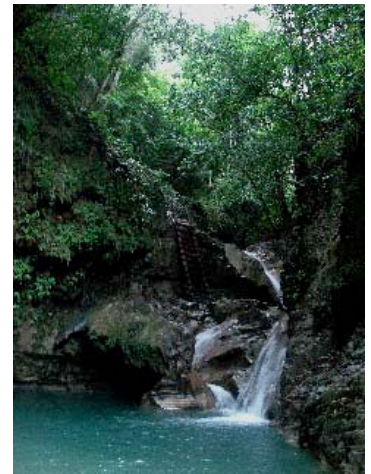
**#7 Calle Llibre, Sosua, Dominican Republic**



## Activities

There will be plenty of time for activities out side the seminar.

- Swim with the dolphins
- Go deep sea fishing,
- Whale watching,
- Climb 21 waterfalls,
- Spend a day at the spa, or
- Just lay on the beach.



## Restaurants

There are many restaurants, here are a few if my favorites.

- Bailey's - Bar Restaurant - Alejo Martinez, El Batey, Sosua
- Bologna - Italian Restaurant - Calle Alejo Martinez, El Batey, Sosua
- Britannia Bar - 809-571-1959. 13 Pedro Clisante, El Batey - Sosua
- Don Andres Hotel Bar Restaurant - Tel: 809-571-3140. Calle Alejo Martinez 6, Sosua
- On the Waterfront International Restaurant - Tel: 809-571-2670. Dr Rosen 1, El Batey, Sosúa

David Babb

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